

**Continent Resources Inc.
Management's Discussion and Analysis
For the Period Ended December 31, 2008**

General

The following information, prepared as of April 24, 2009, should be read in conjunction with the audited consolidated financial statements of Continent Resources Inc. (the "Company" or "Continent") for the period ended December 31, 2008 and the period ended December 31, 2007. The consolidated financial statements are prepared in accordance with Canadian generally accepted accounting principles and this discussion includes the results of the Company's wholly-owned active subsidiary, Continent Resources (USA) Inc., a company incorporated in Nevada, United States of America on June 20, 2008.

During the period ended December 31, 2008, the Company's critical accounting estimates and significant accounting policies have remained substantially unchanged and are still applicable to the Company unless otherwise indicated. All amounts are expressed in Canadian dollars unless noted otherwise.

The risk factors identified in previous management's discussion and analysis (the "MD&A") have also remained substantially unchanged but two of these risk factors, future financings and foreign currency, have assumed an even greater importance to the Company in view of the current economic climate and stock market volatility. Management has assessed and will continue to address the implications of recent events in order to ensure that Continent can continue to achieve its long term objectives. Management has implemented several proposals to achieve significant administrative expense reductions and is continuing to re-evaluate the timing of its future exploration program in order to preserve financial resources.

The Company is a reporting issuer in the Provinces of Alberta, British Columbia and Ontario. Currently the Company is trading on the Canadian National Stock Exchange (the "CNSX") under the stock symbol "CTT".

Cautionary Note Regarding Forward Looking Statements

Certain statements contained in the foregoing MD&A constitute forward-looking statements. Such forward-looking statements involve a number of known and unknown risks, uncertainties and other factors which may cause the actual results, performance or achievements of the Company to be materially different from any future results, performance or achievements expressed or implied by such forward-looking statements.

Readers are cautioned not to place undue reliance on these forward-looking statements, which speak only as of the date the statements were made, and readers are advised to consider such forward-looking statements in light of the risks set forth below.

Description of Business

Continent Resources Inc. is a Vancouver-based mineral exploration company engaged in the acquisition and exploration of natural resource properties. Currently its focus is on projects in the prolific southwest United States porphyry copper district in Arizona and New Mexico, USA. The Company continues to emphasize the exploration of properties where management believes there is potential for the discovery of large tonnage, bulk-minable deposits or smaller, high grade deposits.

On January 10, 2006, the Company signed a mineral option agreement (the "Sol D'Or Option Agreement") to acquire an undivided 100% interest in the Sol D'Or property by making staged payments of \$96,000 and issuing 100,000 common shares to the vendor, over a period of 4 years.

On August 12, 2008, the Company signed a purchase and sale agreement (the "SEG Purchase Agreement") with Southwest Exploration Group LLC ("SEG") and its principals to acquire an undivided 100% interest in six properties in Arizona and New Mexico, which are the Lone Mountain and Mimbres Properties in Grant County, New Mexico; West Safford and Teague Properties in Graham County, Arizona; Twin Peaks Property in Maricopa County, Arizona, and West Jerome Property in Yavapai County, Arizona (collectively, the "SEG Properties").

Currently the Company is actively exploring the SEG Properties containing known copper mineralization, with a focus on the Lone Mountain property. The Lone Mountain property in New Mexico is at the intermediate stage of exploration.

Changes in Management

During fiscal 2008 the Company continued to increase its operations and management team. During the Company's 2008 annual general meeting (the "AGM"), Robert Bick, Lawrence Dick and Paul Cowley were re-elected as directors. Herrick Lau, Robert Wolfe and Diana Ho were also elected to the Board of Directors. On September 9, 2008, Michael R. Pawlowski and Daniel P. Laux were appointed as directors following the departure of Robert Wolfe and Diana Ho. The Company also appointed Michael R. Pawlowski as President and Daniel P. Laux as Vice President, Exploration of the Company. Robert Bick remains as CEO.

The Company's Board of Directors now consists of: Robert Bick, Paul Cowley, Lawrence Dick, Herrick Lau, Daniel Laux and Michael Pawlowski.

Overall Performance

The following discussion of the Company's financial performance is based on the audited consolidated financial statements for the period ended December 31, 2008 and audited financial statements for the year ended December 31, 2007.

The Balance Sheet as of December 31, 2008 indicates a cash position of \$929,861 (December 31, 2007 - \$349,929) and total current assets of \$1,002,468 (December 31, 2007 - \$360,329). The increase in total current assets was mainly due to the completion of the non-brokered private placement on September 19, 2008.

Current liabilities at December 31, 2008 total \$73,268 (December 31, 2007 - \$5,258). The increase in current liabilities was caused by regular operating expenses of the Company. Shareholders' equity is comprised of capital stock of \$2,536,246 (December 31, 2007 - \$611,141), contributed surplus of \$1,025,188 (December 31, 2007 - 52,556) and deficit of \$1,540,062 (December 31, 2007 - 273,938) for a net \$2,021,372 (December 31, 2007 - 389,759).

Working capital, which is current assets less current liabilities, is \$929,200 at December 31, 2008 compared to \$355,071 at December 31, 2007. Management believes that there is sufficient working capital to cover potential option payments, mineral property exploration projects and maintain its day-to-day operations.

During the period ended December 31, 2008, the Company reported a net loss of \$1,540,062 (\$0.105 basic and diluted loss per share) compared to a net loss of \$273,938 (\$0.025 basic and diluted loss per share) reported for the period ended December 31, 2007. Losses in the period ended December 31, 2008 and 2007 represent operating expenses of \$1,273,959 and \$145,557, respectively. The increase in operating expenses was due to management's efforts to actively evaluate the acquisition of prospective mineral properties during the year and includes stock based compensation for the 9,000,000 stock options granted to SEG's principals pursuant to the SEG Purchase Agreement. .

The weighted average number of common shares outstanding for the period ended December 31, 2008 was 14,596,431 (2007 – 11,003,148). Weighted average number of common shares outstanding increased from 11,003,148 in 2007 to 14,596,431 as of December 31, 2008 because 40,000 common shares were issued to fulfill the Company's obligation under the Sol D'Or Option Agreement and 8,358,000 common shares were issued upon the completion of the Company's non-brokered private placement on September 19, 2008.

Results of Operations

During the period ended December 31, 2008, the Company reported a net loss of \$1,266,124 (\$0.09 basic and diluted loss per share) compared to a loss of \$139,382 (\$0.01 basic and diluted loss per share) reported for the period ended December 31, 2007, due to significant increases in most expense categories. Other than interest revenue of \$7,835 received from a term deposit during the current period, the Company did not generate any significant revenue during either reporting period.

The increased expenditure level for the period ended December 31, 2008 was a direct result of management's efforts to aggressively focus on the acquisition and exploration of prospective mineral properties. In order to accomplish this objective, the Company's expenses for the period ended December 31, 2008 increased as follows:

- Accounting & legal expenses of \$56,699 (December 31, 2007 - \$16,441) reflect the increased level of activities, legal agreements and recorded transactions as well as 2007 fiscal year audit costs.
- Consulting fees of \$99,220 (December 31, 2007 - \$26,917), which reflect efforts to improve and streamline the overall corporate operation.
- Filing & transfer agent fees of \$35,590 (December 31, 2007 - \$15,887), which reflect fees paid to the CNSX and Olympia Trust Company for listing and regular corporate filings after commencing trading on the CNSX.
- Travel expenses of \$67,119 (December 31, 2007 - \$2,387) incurred primarily for the Company's consultants and management to visit mineral properties onsite and attend conferences.
- Stock based compensation of \$972,632 (December 31, 2007 - \$52,185) representing a non-cash charge incurred in connection with the granting of stock options, calculated using the Black Scholes option valuation model.

As the Company is a junior mineral exploration company without any significant revenue, it will continue to require funds to meet its ongoing day-to-day operating requirements and will have to continue to rely on equity and debt financing during such period. There can be no assurance that financing, whether debt or equity, will always be available to the Company in the amount required at any particular period or if available, that it can be obtained on terms satisfactory to the Company.

Summary of Quarterly Results (unaudited)

The following table sets out selected unaudited quarterly financial information of the Company for the eight most recently completed quarters of operation. This information is derived from unaudited quarterly financial statements prepared by management. The Company's interim financial statements are prepared in accordance with Canadian generally accepted accounting principles ("GAAP") and expressed in Canadian dollars.

	4th Quarter December 31, 2008	3rd Quarter September 30, 2008	2nd Quarter June 30, 2008	1st Quarter March 31, 2008
Revenue	2,356	2,278	1,184	2,017
Net Loss	(1,266,124)	(2,226,731)	(293,517)	(53,556)
Basic and	(0.09)	(0.168)	(0.024)	(0.005)

Diluted Loss Per Share				
Total assets	2,094,640	2,167,359	318,141	383,345
Working capital (deficiency)	929,200	1,385,946	239,993	314,638

	4th Quarter December 31, 2007	3rd Quarter September 30, 2007	2nd Quarter June 30, 2007	1st Quarter March 31, 2007
Revenue	6,175	nil	nil	nil
Net Loss	(93,999)	(39,442)	(297)	(5,644)
Basic and Diluted Loss Per Share	(0.009)	(0.004)	(0.000)	(0.001)
Total assets	395,017	436,691	43,715	44,955
Working capital (deficiency)	355,071	396,885	(35,980)	(27,534)

Net Loss

Expenses for the quarters ended December 31, 2008, September 30, 2008, June 30, 2008, March 31, 2008 and December 31, 2007 include stock based compensation of \$116,678, \$602,413, \$218,871, \$34,670 and \$52,185, respectively, representing a non-cash charge incurred in connection with the granting of stock options. The Company recorded stock based compensation of \$0 for the other three quarters as no stock options were granted during such periods. Filing & transfer agent fees of \$5,125, \$6,864, \$12,003, \$3,241, \$12,109, \$4,465 and \$510 were recorded for the quarters ended December 31, 2008, September 30, 2008, June 30, 2008, March 31, 2008, December 31, 2007, September 30, 2007 and June 30, 2007, respectively. The Company only officially began trading on the CNSX on July 30, 2007 and therefore did not require any transfer agent nor incur any filing fees in previous quarters. Overall, as management aggressively pursues the acquisition and exploration of mineral properties, all categories of general and administrative expenditures such as consulting fees, rental expenses, filing & transfer agent fees reflected an increase, which resulted in an overall increasing trend in net losses from quarter to quarter.

Total Assets

The most recent quarter ended December 31, 2008 reflects a significant increase in total assets. This increase was attributed to \$1,909,975 in net proceeds received from the Company's non-brokered private placement closed on September 19, 2008, which were partially used for the mineral properties acquisition, deferred exploration expenditures as well as administrative expenses.

Working Capital

Working capital from December 31, 2006 to June 30, 2007 was negative due to insufficient funds in the Company's beginning stage. The proceeds received from the initial public offering ("IPO") resulted in a significant increase in working capital for the quarter ended September 30, 2007. Working capital for the quarters ended December 31, 2007 and March 31, 2008 then decreased due to general and administrative expenses of the Company and cash payment of \$16,000 to fulfill its obligation under the Sol D'Or Option Agreement. A continued decrease in working capital in the quarter ended June 30, 2008 was caused by increasing operating expenses resulting from management's efforts to actively evaluate the acquisition of prospective mineral properties. Proceeds raised from the non-brokered private placement in September 2008 attributed to the significant increase in working capital reflected above for

the quarter ended September 30, 2008. The most recent quarter ended December 31, 2008 reflected a decrease in working capital in order to fund exploration and operations.

Mineral Properties

Mineral exploration costs formed the bulk of the Company's expenditures in the period. These costs are set out in the following table:

Year Ended	December 31, 2008	December 31, 2007
Exploration expenditures		
Assays and reports	\$ 1,900	-
Drilling	152,734	-
Environmental	8,142	-
Field expenses	2,454	-
General administrative	4,226	-
Geochemistry	7,203	-
Geological consulting	162,198	-
Geophysical studies	4,614	-
Staking and recording	2,375	-
Travel and accommodation	15,421	-
	\$ 361,268	-

a. Sol D'Or Property

Description

On January 10, 2006, the Company entered into the Sol D'Or Option Agreement to acquire the Sol D'Or property from Perry English (the "Vendor"). Under the Sol D'Or Option Agreement the Company can earn an undivided 100% interest in the Sol D'Or property by making staged payments of \$96,000 and issuing 100,000 common shares to the Vendor, over a period of 4 years. This agreement is also subject to a 2% net smelter royalty ("NSR") to the Vendor, with an optional buyout of 1% of the royalty for a one million dollar cash payment.

The Sol D'Or property lies approximately 80 kilometres east-northeast of the town of Red Lake, Ontario. The area lies within the Archean Birch-Uchi Greenstone Belt of the western Uchi Subprovince of NW Ontario. This belt records a stratigraphic history that spanned approximately 290 million years, involving repeated episodes of rifting, and associated depositional and magmatic phases. The property covers portions of a deformation zone that forms an easterly splay off the regional northeast trending Swain Lake Deformation Zone. The name of Grace Lake Deformation Zone is applied to this east to south-easterly trending deformation zone. Mineralization of gold, silver and copper has been discovered on the Sol D'Or property.

The property consists of nine claims (1244592, 1244593, 1244594, 1244640, 1244641, 1244642, 1244671, 1244677 and 1247857) totalling 65 units, or 1664 hectares.

Technical Report

On April 19, 2007, a NI 43-101 technical geological report prepared by Des Cullen, P. Geo, as the qualified person and dated as at February 1, 2006 on the Sol D'Or Property was filed on SEDAR (www.sedar.com).

Exploration Program

As of the date of this MD&A, the Company has not performed any drilling of its own on the Sol D'Or property.

The exploration programs done by Fronteer and Red Lake Resources in 2001 on the Sol D'Or property were successful in confirming historic anomalous gold results and in identifying areas of new gold mineralization. Significant anomalous results for both rock and soil sampling programs have generated new evidence for the gold bearing structures within the Grace Lake Deformation Zone.

The property warrants further exploration of the previously discovered occurrences, and possible extensions of showings or mineralized trends that have been discovered both on and off the property.

b. SEG Properties

Description

On August 12, 2008, the Company signed the SEG Purchase Agreement with SEG and its principals, Thornwell Rogers, Michael R. Pawlowski and Daniel P. Laux (collectively, the "Sellers"), to acquire an undivided 100% interest in six properties containing known copper mineralization and/or have high potential for the discovery of copper mineralization. The properties are located in Arizona and New Mexico and are comprised of the Lone Mountain and Mimbres Properties in Grant County, New Mexico; West Safford and Teague Properties in Graham County, Arizona; Twin Peaks Property in Maricopa County, Arizona, and West Jerome Property in Yavapai County, Arizona (collectively, the "SEG Properties"). The SEG Purchase Agreement is subject to a royalty equal to 2.0% of the net smelter returns ("NSR") on minerals from the properties. The Company may purchase one half of one percent (0.5%) of the NSR on production from each of the individual properties from the Sellers at any time for a purchase price of \$1,000,000 per property.

Pursuant to the SEG Purchase Agreement, the key terms of the purchase price are the following:

1. USD\$150,000 paid in cash on August 12, 2008;
2. Upon completion of the non-brokered private placement, USD\$150,000 paid in cash on September 19, 2008;
3. A further USD\$150,000 payable in cash on the first anniversary of the closing (August 12, 2009);
4. 9,000,000 options granted to the Sellers on August 12, 2008 (the closing), subject to a vesting schedule over a period of 42 months whereby the options will be vested as follows:

Upon Closing	25% (or equivalent to 2,250,000 options)
14 months from the Closing	25% (or equivalent to 2,250,000 options)
28 months from the Closing	25% (or equivalent to 2,250,000 options)
42 months from the Closing	25% (or equivalent to 2,250,000 options)

Each option shall entitle the holders to purchase one common share from the Company at a price of \$0.25 per share for a period of ten (10) years from the date the options are granted subject to applicable securities rules and regulations.

As at December 31, 2008, the Company paid USD\$300,000 in cash and granted 9,000,000 options to the Sellers. In addition, a finder's fee of \$150,000 was paid in cash by the Company on August 12, 2008 in connection to the acquisition of the SEG Properties.

1. Lone Mountain

Overview

The Lone Mountain Porphyry copper system is located near Silver City, New Mexico. It is situated in a well-known mining district, seven miles southwest of the Santa Rita-Chino mine and ten miles northeast of the Tyrone mine; both of these mines are large open-pit copper operations owned by Freeport-McMoRan.

Land holdings on the property consist of two New Mexico State mineral leases and 40 unpatented federal mining claims, comprising 619.17 hectares (1,530 acres). Continent has acquired an undivided 100% interest in the claims and leases.

Mineralization

The Lone Mountain property covers a large tonnage porphyry copper system with over 23,000 meters of historic drilling in 47 drill holes. It represents a broadly-explored, (drill hole spacing was approximately 250 meters) well-mineralized, porphyry-skarn system with multiple, stacked mineralized targets, and is the company's flagship project and its first target to be tested by drilling.

Two distinct targets are present; a near-surface zone of oxide mineralization which is the focus of Continent's 2008-2009 drilling program; and deeper, copper-zinc-silver-gold skarn mineralization which can attain high grades over significant widths.

Oxide mineralization begins approximately 60 meters below surface and continues to over 250 meters below surface. The lower parts of the oxide zone become chalcocite-dominant. Historical data shows that the skarn mineralization can attain multiple percent grades of copper and zinc over significant (tens of meters) true widths, and this may also be the focus of a future phase of drilling which will involve the deepening of certain holes targeting the shallower oxide-dominant mineralization.

Exploration History

The Lone Mountain copper prospect has been historically drilled by numerous large mining companies as a porphyry copper system, discovering significant zones of copper and zinc at depths beneath an overlying zone of oxide copper. At the time, the copper oxide mineralization was not considered a target since more modern, SX-EW technology had yet to be developed to treat the lower-grade oxide copper mineralization which typically overlies the deeper sulfide copper mineralization.

Assaying of historic drill holes, however, has shown a significant accumulation of oxide copper to exist at shallower depths in the Lone Mountain system. Below are listed selected intersections of copper oxide mineralization from the historic drilling, illustrating the potential of the Lone Mountain oxide deposit.

Historical Drilling Results of Oxide Copper at Lone Mountain

Hole	From (ft)	To (ft)	Thickness (ft)	Grade Cu (%)
LM-3	300	420	120	0.67
LM-15	580	1190	610	0.386
LM-30	237	1080	843	0.326
LM-4	670	900	230	0.295
<i>Incl.</i>	670	770	100	0.52
LM-36	230	860	650	0.242
LM-32	235	830	585	0.222
LM-1	510	620	110	0.215
LM-09A	380	680	300	0.215
LM-31	205	710	505	0.212
LM-16	250	420	170	0.20
LM-09	300	700	400	0.18

Current Exploration in January 2009

A seven-hole reverse circulation drill program was completed in January 2009 which targeted the known near-surface copper oxide zone, which until recently has only been defined by widely spaced (c 250m) drilling.

Drill hole LM-42, intersected 182.9 meters (600 feet) grading 0.205% oxide copper between 61.0 and 243.8 meters (200 and 800 feet), with 15.24 meters (50 feet) grading 0.498% copper and with the last 9.1 meters (30 feet) grading 0.43% copper.

Continent's geologists believe that an average sample grade of 0.20% oxide copper provides an excellent foundation to continue to develop the Lone Mountain property. The oxide portion of porphyry copper systems in the SW USA has cut-off grades from 0.04% Cu to 0.10% Cu, depending on leach characteristics. The Lone Mountain project has excellent leach characteristics as determined from recently completed bottle roll test work by Mountain States Research and Development.

The completed Phase One drill program provides Continent with valuable geological information with which to base more detailed drilling in the one mile by one mile mineralized area.

The following table shows the significant intervals of oxide copper mineralization representing a small part of the overall system:

Phase One Drill Program Highlights

Hole	Total Depth (ft)	From (ft)	To (ft)	Thickness (ft)	Grade Cu (%)
LM-42	800	200	800	600	0.205
	<i>Incl.</i>	210	680	470	0.199
	<i>Incl.</i>	440	500	60	0.317
	<i>Incl.</i>	570	620	50	0.498
	<i>Incl.</i>	680	800	120	0.243
	<i>Incl.</i>	700	740	40	0.275

	<i>Incl.</i>	770	800	30	0.433
LM-37	940	240	410	170	0.101
LM-40	545	210	545	335	0.107
LM-41	840	230	840	610	0.089
	<i>Incl.</i>	550	680	130	0.164

Lone Mountain and Similar Properties

The potential estimate at Lone Mountain of 110 - 160 million tonnes with grades between 0.20% and 0.29% copper are well within the range of producing leachable copper mines in this region (see following table) including the Bagdad mine with an average grade of 0.12% copper or the Morenci mine with an average grade of 0.19% copper.

Arizona and New Mexico Mines Producing Leachable Copper

Mine	Company	Resource/Reserve Million Tons (Run of Mine Rock)	Average Cu Grade %	Cu Cutoff Grade %
Mineral Park	Mercator	82	0.07	0.056
Bagdad	Freeport	220	0.12	0.05
Morenci	Freeport	2,000	0.19	0.05
Safford	Freeport	34	0.22	0.05
San Manuel	BHP	100	0.30	0.10
Johnson	NORD	73	0.33	0.10
Tyrone	Freeport	150	0.34	0.04
Miami	Freeport	86	0.40	0.04
Cobre	Freeport	74	0.41	0.17
Carlota	Quadra	87	0.44	0.1
Chino	Freeport	88	0.46	0.11
Ray	ASARCO	142	0.45	
Silver Bell	ASARCO	306	0.38	

The bottle roll copper leach tests on Lone Mountain mineralization recorded total copper leach recoveries between 67% to 84% within 96 hours based on calculated head values. Management believes that these results indicate excellent leach recovery. This is significant because Continent is focused on leachable copper which is the least expensive and most accessible copper to mine in big porphyry copper deposits. An overall trend in the industry is that copper companies are expanding their low cost leachable copper projects and shutting down their higher cost sulfide projects, which require large capital costs in the form of mills and flotation plants.

2. Mimbres

The Mimbres Property consists of 45 unpatented lode claims and 2,040 acres of New Mexico State Mining Leases over a porphyry copper-molybdenum deposit and higher-grade copper-zinc-gold-silver-bearing skarns. Bear Creek Exploration drilled 18 holes up to 1,000 meters deep with assays up to 1.0% copper. Assays typical of skarn intersections include 22 meters grading 0.50% Cu, 15 meters grading 0.60% Cu and 12.5 meters grading 1.0% Cu. As is the case at the nearby Lone Mountain project, drill

spacings were very far apart, and the alteration and mineralized zones remain open in several directions. Continent considers the earlier work to have identified a mineralized system, which now must be explored in a detailed, systematic manner to identify an ore resource. As at Lone Mountain, no importance was given to the oxide mineralization which overlies the deposit, and this will form one of the first exploration priorities for Continent. Mimbres has a large airborne magnetic signature similar in size and magnitude to the nearby Chino porphyry copper mine owned and operated by Freeport McMoRan.

3. West Safford

The West Safford Property consists of approximately 2,860 acres of claims, and a 640 acre Arizona State Mineral Exploration lease. The target at West Safford is a large tonnage "Resolution-type" porphyry copper target, buried beneath younger alluvium, in the Safford Mining District. Exploration has centered around structural extrapolation from known porphyry deposits in the area, and has been further defined by a biogeochemical anomaly, a magnetic target (generated by Bear Creek Exploration), and a large induced polarization (IP) anomaly. Subsequently, Phelps Dodge (now Freeport McMoran) drilled two holes that encountered a quartz-pyrite zone. Continent interprets the earlier two drill holes to have intersected the "pyrite shell" within a much larger porphyry copper system, as evidenced by the size of the IP anomaly. The system remains, essentially, untested.

4. Teague Springs

The Teague Springs Property consists of 1,920 acres of claims located west of Dos Pobres in the Safford Mining District. The target is a large tonnage, buried Laramide porphyry copper-molybdenum-silver-gold system associated with a large, untested IP anomaly and a Mo-Cu-Zn biogeochemical anomaly. The target area is covered by shallow pediment gravels based on past gravity surveys, and has never been drilled. IP, magnetics, gravity, and biogeochemical surveys have all proved successful in discovering world class porphyry copper systems at the nearby Morenci and Safford mining districts.

5. Twin Peaks

The Twin Peaks Property is a partially drilled, copper oxide target that has excellent infrastructure and potential for a large open-pit copper oxide body with very low strip ratio. A surface area measuring 750 meters by 520 meters exhibits veins, veinlets, and stockworks of chrysocolla and secondary malachite, iron-oxide, tenorite, and cuprite and chalcocite hosted by a pyrite-poor Laramide-age quartz monzonite. Only four drill holes have tested this target, each with highly encouraging results, including one hole with 86.9m grading 0.37% total copper starting at surface. The copper oxide zone is open and untested under alluvial cover to the north, west, and south.

6. West Jerome

The West Jerome Property is considered by Continent management to represent a highly-potential massive sulphide target in the western Jerome Mining District, Arizona. The property consists of approximately five square kilometers of claims on the west side of Freeport McMoran (previously Phelps Dodge) patented lands.

The United Verde and United Verde Extension Mines, proximal to the West Jerome property, have produced over 98% of the past production from the famous Jerome mining district. Phelps Dodge production records from 1889-1974 for the United Verde Mine show production of 32.99 million tons grading 4.36% copper, 1.53 oz/ton silver, and 0.042 oz/ton gold. The United Verde Extension Mine began production in 1938 and produced a total of 3.9 million tons grading 10.23% copper, 1.71 oz/ton silver, and

0.039 oz/ton gold. As such, the combined deposits at Jerome rank as a giant, world-class massive sulphide deposit.

The West Jerome prospect offers an opportunity to explore for similar, very large massive sulphide deposits with high grades of copper and zinc. The West Jerome prospect has favorable features similar to the nearby United Verde Mine including the favorable mineralized horizon and drilling that suggests massive sulfide feeder pipe alteration similar to the proximal feeder pipe alteration at United Verde Mine. As many important VMS deposits occur in clusters, the proximity of West Jerome to the other important deposits in the Jerome district, along with the positive geological criteria mentioned above, place West Jerome as a highly-prospective exploration target.

Capital Expenditures

During the period ended December 31, 2008, the Company paid \$16,000 in cash and granted 40,000 common shares at \$0.30 per share to fulfill its obligation under the Sol D'Or Option Agreement signed on January 10, 2006.

During the period ended December 31, 2008, the Company paid US\$300,000 (C\$313,980) pursuant to the purchase terms of the SEG Purchase Agreement. A finder's fee of \$150,000 was also paid in efforts to acquire the interests in the six SEG Properties. Pursuant to the SEG Purchase Agreement, the Company has incurred \$354,236 in mineral exploration permits, mining leases and filing fees on transferring title of the SEG Properties from the Sellers to the Company. In addition the Company incurred \$1,092,172 in deferred exploration expenses relating to the SEG properties.

See Note 3 in the audited consolidated financial statement for details.

Financing Activities

Since incorporation on November 8, 2005, the Company has engaged in the following financing activities:

1. On January 12, 2006, the Company issued one (1) common share for consideration of \$1.00 and 11,710,000 common shares at a price of \$0.0001 per share for gross proceeds of \$1,172 as the initial investment in the Company;
2. On January 13, 2006, the Company issued 750,000 common shares at a price of \$0.10 per share for gross proceeds of \$75,000 (a finder's fee of \$2,975 was paid to a director of the Company at the time in relation to \$35,000 of these proceeds received from an accredited investor);
3. On May 3, 2006, the Company issued 383,400 common shares at a price of \$0.15 per share for gross proceeds of \$57,510 (a finder's fee of \$4,175 was paid to a director of the Company at the time in relation to \$50,010 of these proceeds received from an accredited investor);
4. On February 21, 2007, the Company issued 187,500 common shares at a price of \$0.20 per share for gross proceeds of \$37,500;
5. On July 11, 2007, the Company closed its initial public offering (the "IPO") for 2,875,000 common shares at a price of \$0.20 per share for aggregate gross proceeds of \$575,000. Expenses of the issue were \$117,784 (\$0.041 per share) resulting in net proceeds of \$457,216; and
6. On September 19, 2008, the Company completed a non-brokered private placement of 8,338,000 units at \$0.25 per unit resulting in gross proceeds of \$2,084,500. Each unit comprises of one common share and one share purchase warrant. Each warrant entitles the holder to purchase one

common share of the Company at an exercise price of \$0.35 per share until September 19, 2010. The Company applied the residual approach and allocated the total proceeds of \$2,084,500 to the common shares and \$nil to the attached warrants to the private placement. The Company also paid six finders aggregate finders' fees of \$174,525 and 20,000 units resulting in net proceeds of \$1,909,975 of total issuance of 8,358,000 units.

Liquidity and Capital Resources

The Company's aggregate operating, investing and financing activities for the period ended December 31, 2008 resulted in a cash increase of \$579,932. As at December 31, 2008, the Company's cash balance was recorded as \$929,861 and the Company had a working capital of \$929,200. At December 31, 2008, the Company has paid-up capital of \$2,021,372 representing 20,613,901 common shares and a deficit of \$1,540,062.

The Company has not yet put into commercial production any of its mineral properties and therefore has no operating revenues. Accordingly, the Company is dependent on the equity markets as its sole source of operating working capital. The Company's capital resources are largely determined by the strength of the junior resource markets and by the status of the Company's projects in relation to these markets, and its ability to compete for the investor support of its projects.

The Company will continue to require funds to meet its obligations under its property option agreements and as a result, will have to continue to rely on equity and debt financing during such period. There can be no assurance that financing, whether debt or equity, will always be available to the Company in the amount required at any particular time or for any particular period or, if available, that it can be obtained on terms satisfactory to the Company.

Under the Sol D'Or Option Agreement, the Company can earn an undivided 100% interest in the Sol D'Or property by making staged payments of \$96,000 and the issuance of 100,000 common shares to the Vendor, over a period of 4 years. This agreement is also subject to a 2% NSR to the Vendor, with an optional buyout of 1% of the royalty for a one million dollar cash payment. As at the date of this MD&A, the Company has made cash payments of \$36,000 and issued 100,000 shares to the Vendor under its obligations to the Option Agreement.

Pursuant to the SEG Purchase Agreement, the Company can purchase an undivided 100% interest in the six SEG Properties by making staged payments of US\$450,000 over a period of 2 years and granting 9,000,000 stock options at an exercise price of \$0.25 per share expiring on August 11, 2018 to the Sellers. The SEG Purchase Agreement is subject to a royalty equal to 2.0% of the net smelter returns ("NSR") on minerals from the properties. The Company may purchase one half of one percent (0.5%) of the NSR on production from each of the individual properties from the Sellers at any time for a purchase price of \$1,000,000 per property. As at the date of this MD&A, the Company has made cash payments of US\$300,000 and granted 9,000,000 stock options to the Sellers under its obligations to the SEG Purchase Agreement. . In addition, a finder's fee of \$150,000 was paid in cash by the Company on August 12, 2008 in connection with this asset acquisition transaction.

Transactions with Related Parties

- (a) As at December 31, 2008, the Company owed \$23,060 (2007 - \$nil) to directors, officers, and management of the Company. This amount is unsecured, non-interest bearing, and due on demand and has been recorded in accounts payable and accrued liabilities;
- (b) During the year ended December 31, 2008, the Company paid consulting fees of \$14,675 (2007 - \$nil) to two directors of the Company with respect to consulting services on the acquisition and exploration of the Company's mineral properties;

- (c) On September 9, 2008, the Company signed a geological consulting agreement (the "Consulting Agreement") with the President and Vice-President of Exploration of Continent Resources (USA) Inc., a wholly-owned subsidiary of the Company. As at December 31, 2008, the Company paid \$82,377 (2007 - \$nil) of consulting fees relating to the Consulting Agreement;
- (d) On February 28, 2008, the Company entered into an advisory agreement (the "Advisory Agreement") with a company (the "Consultant") where a director of the Company also serves as director to provide management and administrative services at a monthly fee of \$7,500 plus reimbursable expenses. In addition, the Company issued 150,000 incentive stock options with respect to the Advisory Agreement. On July 8, 2008, the Advisory Agreement was amended to increase the monthly fee of \$10,000 plus reimbursable expenses retroactive to July 1, 2008 for a period of twelve months. During the year ended December 31, 2008, the Company paid \$89,648 of consulting and management fees with respect to the Advisory Agreement.

All of the above transactions have been in the normal course of operations and, in management's opinion, undertaken with the same terms and conditions as transactions with unrelated parties.

Off Balance Sheet Arrangements

To the best of management's knowledge, there are no off-balance sheet arrangements that have, or are reasonably likely to have, a current or future effect on the results of operations or financial condition of the company.

Financial Instruments

The Company's financial instruments consist of cash, accounts receivable, prepaid expenses, and accounts payable and accrued liabilities. Unless otherwise noted, it is management's opinion that the Company is not exposed to significant interest, currency or credit risks arising from these financial instruments. The carrying values of these financial instruments approximate their cost, unless otherwise noted.

Outstanding Share Data

The following information relates to share data of the Company as at December 31, 2008.

Share capital

- (a) Authorized:
 - o An unlimited number of common voting shares.
 - o An unlimited number of preferred shares, without nominal or par value, issuable in series.
- (b) Issued:

At December 31, 2008, the Company has 20,613,901 common shares issued and outstanding and its share capital is \$2,536,246.

Options

The Company granted 400,000 options to directors upon listing on the CNSX. These options have an exercise price of \$0.20 for a period of five years from July 30, 2007, the date of listing on the CNSX.

The Company has also granted 287,500 options to its agent in the IPO. These options have an exercise price of \$0.20 for a period of twenty-four months from the closing of the IPO.

On February 28, 2008 the Company granted 150,000 incentive stock options to the Consultant. The options are exercisable at \$0.34 per share and will expire February 28, 2013.

On April 13, 2008, 300,000 stock options granted to former directors of the Company in 2007 expired unexercised.

On June 4, 2008, the Company granted 925,000 stock options to directors and officers of the Company at an exercise price of \$0.35 per share with an expiry date of June 4, 2013.

On August 12, 2008, pursuant to the SEG Purchase Agreement, the Company granted 9,000,000 stock options to three SEG principals at an exercise price of \$0.25 per share with an expiry date of August 11, 2018.

On January 8, 2009, the Company granted 735,000 incentive stock options to certain directors, officers and a consultant. The options are exercisable at \$0.25 per share and will expire on January 8, 2014.

Warrants

As at December 31, 2008, there were 8,358,000 share purchase warrants issued and outstanding entitling the holders thereof the right to purchase one common share for each warrant held:

<u>Number of Shares</u>	<u>Exercise Price</u>	<u>Expiry Date</u>
8,358,000	\$0.35	September 19, 2010

Additional Disclosure for Venture Issuers without Significant Revenue

The Company has expensed the following material cost components:

	Period ended Dec. 31, 2008	Period ended Dec. 31, 2007
Consulting Fees	\$ 99,220	\$ 26,917
Filing Fees and transfer agent	\$ 35,590	\$ 15,887
Professional Fees	\$ 56,699	\$ 16,441
Stock Based Compensation	\$ 972,632	\$ 52,185
Travel	\$ 67,119	\$ 2,387

Consulting fees of \$99,220 and \$26,917 incurred and expensed in the period ended December 31, 2008 and 2007, respectively, were paid to various consultants of the Company. In the period ended December 31, 2008 and 2007, professional fees of \$56,699 and \$16,441, respectively, were paid to legal counsel and auditor of the Company. The transactions were conducted in the normal course of operations, on commercial terms established and agreed to by the parties, and were recorded at the exchange amount. Filing fees and transfer agent fees incurred and expensed in the period ended December 31, 2008 were mainly due to the listing and regular corporate filings. Stock based compensation was expensed in accordance to GAAP and was recorded in the period ended December 31, 2008 as stock options were granted during such period.

Changes in Accounting Policies

Effective January 1, 2008, the Company adopted the following new accounting standards issued by the Canadian Institute of Chartered Accountants (“CICA”). These new standards have been adopted on a prospective basis with no restatement of prior period financial statements.

Financial Instruments - Presentation and Disclosure

Section 3862 “Financial Instruments – Disclosures” and 3863 “Financial Instruments –Presentation” replace section 3861 “Financial Instruments – Disclosures and Presentation” which revises and enhances financial instruments disclosure requirements and leaves unchanged its presentation requirements. These new sections place increased emphasis on disclosures about the nature and extent of risks arising from financial instruments and how the Company manages those risks.

Capital Disclosures

Section 1535, Capital Disclosures, requires additional information in the notes to the financial statements about the Company's capital and the manner in which it is managed. This additional disclosure includes qualitative and quantitative information regarding the Company's objectives, policies and processes for managing capital.

Future Changes in Accounting Policies

It is management's position to only disclose the effect of new accounting pronouncements which are expected to have an impact on the Company's financial reporting policies. As a result, accounting pronouncements which are not expected to be applicable to the Company are not disclosed.

The following new accounting recommendations have been issued by the Canadian Institute of Chartered Accountants but are not yet required to be adopted by the Company.

Business Combination

In January 2009, the Accounting Standards Board (“AcSB”) issued CICA Handbook Sections 1582, “Business Combinations”, 1601, “Consolidated Financial Statements” and 1602, “Non-controlling Interests” which replace CICA Handbook Sections 1581, “Business Combinations” and 1600, “Consolidated Financial Statements”. Section 1582 establishes standards for the accounting for business combinations that is equivalent to the business combination accounting standard under IFRS. Section 1582 is applicable for the Company's business combinations with acquisition dates on or after January 1, 2011. Early adoption of this section is permitted. Section 1601 together with Section 1602 establishes standards for the preparation of consolidated financial statements. Section 1601 is applicable for the Company's interim and annual consolidated financial statements for its fiscal year beginning January 1, 2011. Early adoption of this section is permitted and all three sections must be adopted concurrently.

Goodwill and Intangible Assets

In February 2008, the Accounting Standards Board (“AcSB”) issued CICA Handbook Section 3064, “Goodwill and Intangible Assets”, which replaces Section 3062, “Goodwill and Intangible Assets”, and Section 3450, “Research and Development Costs”. Section 3064 establishes standards for the recognition, measurement and disclosure of goodwill and intangible assets. This new standard is effective for the Company's interim and annual financial statements for its fiscal year commencing on April 1, 2009. The Company is currently assessing the impact of the new standard and has not yet determined its effect on the Company's financial statements.

International Financial Reporting Standards

In February 2008, the AcSB confirmed that public companies will be required to prepare interim and annual financial statements under International Financial Reporting Standards ("IFRS") for fiscal years beginning on or after January 1, 2011. The transition date of April 1, 2011 will require the restatement for comparative purposes of amounts reported by the Company for the year ended March 31, 2011. Management is currently assessing the impact of adopting IFRS and it has not yet determined its effect on the Company's financial statements.

Risks and Uncertainties

The Company is engaged in the exploration and development of mineral properties. These activities involve a high degree of risk which, even with a combination of experience, knowledge and careful evaluation, may not be overcome. Consequently, no assurance can be given that commercial quantities of minerals will be successfully found or produced.

The Company has no history of profitable operations and its present business is at an early stage. As such, the Company is subject to many common risks to new and developing enterprises, including under-capitalization, cash shortages and limitations with respect to personnel, financial and other resources and the lack of revenues. There is no assurance that the Company will be successful in achieving a positive return on shareholders' investment.

The Company has no source of operating cash flow and no assurance that additional funding will be available to it for further exploration and development of its projects when required. Although the Company has been successful in the past in obtaining financing through the sale of equity securities, there can be no assurance that the Company will be able to obtain adequate financing in the future or that the terms of such financing will be favourable. Failure to obtain such additional financing could result in the delay or indefinite postponement of further exploration and development of its properties.

The Company's property interests are located in remote, undeveloped areas and the availability of infrastructure such as surface access, skilled labour, fuel and power at an economic cost, cannot be assured. These are integral requirements for exploration, development and production facilities on mineral properties. Power may need to be generated on site.

Recent, improved market conditions for resource commodities after several years of record low prices has resulted in a dramatic increase in mineral exploration and development investment and activity in Canada. While inflation has not been a significant factor affecting the cost of goods and services in Canada in recent years, this renewed exploration and development activity has resulted in a shortage of experienced technical staff, and heavy demand for goods and services needed by the mining community.

According to the current copper news, the ever increasing turmoil within global financial markets has fuelled concerns that a deepening economic slump in the U.S. and Europe may take China along for a downward ride as well. The prospects for less Chinese demand has taken copper down to approximately \$2.09/lb in middle April 2009, more than 50% below the high recorded in July 2008. The latest indicators in China and the Organization of Economic Cooperation and Development suggest that there is additional downside risk for copper demand and prices in the near term. The market price of copper and other commodities is volatile and cannot be controlled.

The mineral industry is intensely competitive in all its phases. The Company competes with many other mineral exploration companies who have greater financial resources and technical capacity.

The Company is very dependent upon the personal efforts and commitment of its existing management. To the extent that management's services would be unavailable for any reason, a disruption to the operations of the Company could result, and other persons would be required to manage and operate the Company.

Trends

Trends in the industry can materially affect how well any junior exploration company is performing. In general base metal prices recently have weakened and as a result worldwide exploration has been negatively affected. The demand for metal in Europe and North America has declined. Under current adverse economic condition, the Company realized its increasing difficulties in its ability to continue to raise the financing necessary to complete the exploration and development of those projects and the existence of economically recoverable reserves within its projects. Thus, the exploration for and development of industrial mineral deposits are becoming very speculative. However use of metals in China and India may have a positive impact on overall world demand. This overall trend may continue for some time.

Additional Information

Additional information about the Company is available for viewing on SEDAR at www.sedar.com.